

Monday, McCandless SA Phone Meeting Format

Introduction

Good evening, my name is _____, and I'm a recovering sexaholic. Welcome to this phone meeting of Sexaholics Anonymous. This is a closed meeting. Only those wishing their own personal sexual sobriety, please. Please keep your phones muted unless you are speaking. This helps to ensure the best call quality and limits distractions. If your phone does not have a mute button, please press star six on your keyboard to mute and unmute.

After a moment of silence, please remain muted and join me in the Serenity Prayer.

Would someone please volunteer to read _____?

Choose two from: The SA Purpose, The Problem, The Solution, etc. from pp 201 - 204 in the SA White Book

Read the Twelve Steps on page 208.

Member Introduction

Please take approximately 30 seconds to introduce yourself by first name, **briefly** describe your addiction, what step or steps you are currently working on, and state your length of sobriety. We avoid specific details that might create triggers or legal problems for ourselves or for the members of the group. Please do not share on prosecutable offenses before adjudication. Also, please refrain from using profanity. I'll begin and we'll proceed through the established order.

Meeting Subject

The subject for this evening is _____, and we will be reading _____. We will follow the established order with each member reading a paragraph or two.

The facilitator chooses a selection from any SA or AA-approved literature which will be read aloud by the group.

Sharing

In participation, the emphasis is on honesty, recovery, and healing. It's about how we are learning to apply the Twelve Steps and Traditions each day to maintain our sobriety. Please remember in our discussion we try to speak openly and honestly about our own personal experience, strength, and hope. We don't give advice; we talk in the "I", not the "we" or the "you". It's in our secrecy that our

disease can thrive. It's in our honesty that we gain power over it. Would someone be willing to run a two minute timer? Please announce "time" when the two minutes has passed. I'll start and we will proceed through the established order.

Seventh Tradition

It is now time for our Seventh Tradition; we have no dues or fees, but we are self-supporting through our own contributions. While our meetings are on the phone we ask that you consider supporting your local churches and SAICO through online giving. You can contribute to our normal meeting location where this meeting is normally held through their website *****church.com and to SAICO at SA.org. If you cannot give, please join us anyway. Are there any announcements or anniversaries?

Closing

Anything that you have heard at this meeting is strictly the opinion of the individual participant. The principals of SA are found in the Twelve Steps and Twelve Traditions. This is an anonymous meeting. Please keep the name, address, and telephone number of anyone you meet or learn about to yourself. And what we say here, let it stay here. Remember that we never identify ourselves publicly with SA in the press, radio, TV, films, or on the Internet. Neither does anyone speak for SA. Please remember that the meeting starts at 7:15. Please check in at least five minutes before that to limit distractions and facilitate the meeting starting on time.

It is essential to receive the aid of a sponsor as a guide on the journey of recovery. It is suggested that sponsors should have at least six months of sexual sobriety. All persons interested in being at least a temporary phone sponsor or those in need of a sponsor, please stay on the line and identify yourself in the "parking lot" after the formal meeting has closed.

Connection is the opposite of addiction. All are encouraged to reach out to others in this program. Sharing phone numbers and calling or texting are good ways to promote connection.

Sobriety Renewal

Please remain muted and join me in this sobriety renewal:

Are you willing to admit that you are powerless over lust?

Do you desire sobriety and freedom from the actions and obsessions of lust?

Are you willing to do whatever is necessary to protect your sobriety, every minute of every day?

Monday Night Phone Meeting Format

Are you willing with me now to turn your will and the remainder of this day over to the care of God, the one who keeps you sober and has protected you from the full consequences of your lust in the past?

After a moment of silence, would _____ please recite the Third Step Prayer?

Keep coming back it works if you work it, it won't if you don't, so work it cause you're worth it!