

TUESDAY NIGHT CORAOPOLIS ESSAY PHONE MEETING

(The meeting host will record each person's name as they join and when everyone has announced themselves will read the list of attendees and the order in which they will share).

INTRODUCTION

Good evening my name is _____ and welcome to the Tuesday Night Coraopolis Phone Meeting. So far, the following members have joined the call, please try to remember who precedes you and who follows you. We'll be asking you to pass to the person who follows you when you finish reading or sharing.

SPECIAL PHONE INSTRUCTIONS:

Please remember that the meeting starts at 7:15 and we ask that you join the meeting 5 minutes prior so that we can start on time. Please be courteous and **mute** your phone when you are not speaking. This ensures the greatest sound strength for the entire conference call and provides the greatest service to all members of the phone during the meeting.

This is a closed meeting. The only requirement for membership and attending this meeting is a desire to stop lusting and to become sexually sober. Only those desiring their own personal sexual sobriety, please.

Note, in the spirit of anonymity and out of respect for the members in attendance, the meeting will be locked during members qualifying statements and shares. If you call in during these times you may either not be able to join or you may be placed into the soundproof lobby until an appropriate time.

Let's start the meeting with a moment of silence followed by the serenity prayer.

SERENITY PRAYER

God grant me the serenity to accept the things I cannot change, the Courage to change the things I can, and the Wisdom to know the difference. Thy will not mine be done.

SA is based on the principals of Alcoholics Anonymous. Would someone please read the SA Purpose found on page 201 of the White Book.

Sexaholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover. The only requirement for membership and attending meetings is the desire to stop lusting and become sexually sober. There are no dues or fees for SA membership; we are self supporting through our own contributions. SA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sexually sober and help other sexaholics achieve sexual sobriety.

MEMBER INTRODUCTIONS

We will now introduce ourselves by first name, identify our addiction, defects of character, length of sexual sobriety, what step we are currently working on and, if you'd like, share a victory of the past week. Please avoid specific details that may be disturbing to others. Also, please be aware that what you share could create legal

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complications for yourself and for those present, therefore, refrain from sharing prosecutable offenses before adjudication. I'll start and we'll go

Here the chair may invite late comers to introduce themselves and ask the host to review the list of attendees asking each to pass in order from the list.

My name is ___ sexaholic from ___, and I've been sober for ___. I am powerless...A victory I had this week was:

I will pass to:

SOBRIETY ANNIVERSARIES

We would now like to acknowledge anyone who has reached a sobriety anniversary of 24 hours, 1, 2, 3, 6, or 9 months, 1 or more years. (If a member has reached an anniversary award them the appropriate Coin and encourage them to share how they accomplished it.)

TWELVE AND TWELVE

We will now read the Twelve Steps, as well as, the Tradition, Promise and Reward of the month. If you do not have a copy of these please raise your hand. (Suggest how many each person should read.)

READING

(Meeting facilitator will select a Brief reading from our approved literature: White Book, AA Big Book, AA Twelve and Twelve, Recovery Continues, Step into Action, Essay Magazine, etc.)

The topic for tonight is _____, found on page ____ of _____. Please take a paragraph or two then pass to the person who follows you on the list. (Would any like me to go over the list again).

SHARING:

We would now like each member to share how the reading relates to their experience, strength, and hope.

In participation, we avoid topics that can lead to dissension or distraction. We also avoid explicit sexual descriptions and sexually abusive language. The emphasis is on honesty, recovery, and healing—how to apply the Twelve Steps and Traditions in our daily lives. No cross talk please. If someone feels another is getting too explicit, they may so signify by saying, "my hand is raised" or dropping off the call and returning when necessary. The goal is to finish by 8:30, giving everyone an opportunity to participate. It's a SA tradition to time shares.

Would someone like to volunteer to be our "timekeeper"? As timekeeper please say "time" at the end of the end of established share time. Whoever is sharing if you could please acknowledge the timekeeper and wrap things up. Also, you will have time to share longer in the parking lot after the formal part of the meeting has ended.

Gentle reminder – Please mute your phone when you are not speaking.

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SEVENTH TRADITION:

Normally this is when we bring up our Seventh Tradition so just as a reminder we have no dues or fees, but we are self-supporting through our own contributions.

If you would like to contribute to the church that has so graciously provided us with our meeting space before COVID you can do so on their website –

(Fill in Church Name and Website) Then scroll down to the bottom of the page to Online Giving. Some day – who knows when we will be able to meet again face to face and we certainly hope to be able to meet at the same church.

This is also the time where we ask if there are any announcements?

Ask for volunteers to lead upcoming monthly meetings.

Do we have any other announcements?

If there is anyone who needs additional help or would like a member to talk to, feel free to stick around after the meeting in the parking lot.

SPONSORSHIP

Working with a sponsor and being a sponsor are important tools of sobriety. We suggest you look for a member who has sobriety and experience working the steps. If you need a sponsor or if you are willing to be a sponsor, please stay on the line after the meeting to speak with any member in need of a sponsor.

CLOSING

Anything you have heard at this meeting is strictly the opinion of the individual participant; the principles of SA are found in our Twelve Steps and Twelve Traditions. This is an anonymous program. Please keep the name, address, and phone number of anyone you meet or learn about in SA to yourself. And what we say here let it stay here. Remember that we never identify ourselves publicly with SA in the press, radio, TV, films, or the internet. Neither does anyone speak for SA.

Would (NAME) read the "A Vision for You" found on page 210 of the White Book. It is the intent of this group that we all work to memorize this prayer as many have found that it can bring great relief when we find ourselves restless, irritable, or discontent.

This concluded the formal portion of our meeting. Following the Third Step Prayer I invite all to stay on the line to continue the sharing of our experience, strength, and hope.

After a moment of silent meditation would (NAME) lead us in the Third Step Prayer – found on page 95 of White Book.

Keep coming back; it works if you work it. It won't if you don't, so work it because you're worth it!